



## REOPENING SAFETY PROTOCOLS

### 1. Scheduling Appointment

- a. Depending on the type of treatment, we may ask either for a deposit or full payment prior to scheduling treatments.
- b. Consultations and Follow-Up Appointments (whether with Dr. Tess or our cosmetic consultant) will be done virtually until further notice.

### 2. Confirmation of Appointment

- a. All patients will be asked these COVID 19 History questions:
  - i. Are you feeling well?
  - ii. Do you have any cough, shortness of breath, or fever?
  - iii. Have you tested positive for COVID-19?
  - iv. If so, how long ago did you test positive for ACTIVE Virus?
  - v. Have any of your close contacts tested positive for the virus?
  - vi. Have you had an antibody test showing that you have been exposed to the Virus?
  - vii. Where was your antibody test performed?
  - viii. Have you recently traveled domestically or internationally?
- b. Your appointment may be rescheduled accordingly depending on your answers
- c. Staff will email you forms to review and complete prior to your appointment (i.e. COVID 19 consent, HIPAA, history, intake, treatment consent, etc)

### 3. Planning for Your Treatment

- a. Do not wear makeup.
- b. No other person/guest will be allowed with you in the clinic.
- c. We discourage the use of public transportation to limit exposure to COVID 19.
- d. Determine which mask you will wear to the appointment. Remember that you will have to wear your mask while you are inside the clinic.
- e. Fill out forms BEFORE your appointment and bring filled out paperwork at your appointment.
- f. Decide on which type of payment you will be using.

### 4. Day of Treatment/Arrival to The Clinic

- a. Please arrive at your scheduled time.
- b. Do not arrive earlier since we can only check-in ONE patient at a time.
- c. If you are late to your appointment, you may have to stay in your car until we can accommodate you inside the clinic.
- d. You must wear a mask to enter the clinic. If you do not have one, let us know ASAP.
- e. Use the outside restroom before entering the clinic. The restroom is not available inside the clinic.  
- (Miramar and Eastlake Clinics Only)

**5. Check-In Process**

- a. Once you are inside the clinic, you will be guided to our Check-In Station.
- b. Staff will provide you with sanitizing gel to clean your hands.
- c. Staff will check your temperature.
  - i. If you have a fever, your appointment will be rescheduled at a later date.
  - ii. If you do not have a fever, your appointment will be kept.
- d. A bag will be provided for you to place all of your personal items inside.
- e. Your phone will be wrapped in plastic wrap.
- f. We will provide you with gloves to put on once your phone is wrapped and personal items are inside your bag.
- g. You will be asked to turn in and/or sign the forms that were sent to you.
- h. Depending on your treatment, payment can be made at this time.
- i. We discourage touching items inside the clinic to limit your exposure to the COVID virus.
- j. *Be aware that if you leave the clinic, for any reason, you will have to go through the entire check in process again, which will delay your treatment. Depending on staff availability, the length of your delay can range from a few minutes up to an hour or more.***

**6. After Check-In**

- a. Staff will guide you to your room and open the door to the room for you.
- b. We may ask you to remove your mask when we take your baseline photos before your treatment.
- c. Stay inside your room unless necessary and alert staff if you need to leave your room so we can coordinate movement inside the clinic.
- d. If you have not paid yet, payment will be collected before the start of your treatment.

**7. Before and During Your Treatment**

- a. Staff will clean the treatment areas with alcohol.
- b. Although staff will be wearing appropriate Personal Protective Equipment (PPE) during your appointment and treatment, we need you to wear your mask during treatment for your safety and the safety of staff.
- c. We may ask you to remove your mask during treatment, but we will try to keep your mouth and nose covered as much as possible. We will provide a mouth filter and nose clip when appropriate.

**8. After Your Treatment**

- a. Stay in your room and wait for staff instructions
- b. Schedule your next appointment if date is already known.
- c. Make sure that all of your personal items are inside your bag before leaving the clinic.
- d. Staff will open the door and guide you towards the Exit door.
- e. Your room will be cleaned and sanitized per standard room sanitation practices.

**I UNDERSTAND THE SAFETY PROTOCOLS GIVEN TO ME BY MBEAUTY PRIOR TO MY APPOINTMENT**

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Patient or Person Authorized to Sign for Patient

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Date/Time